## Day 21 of Basic Training in Holiness - Goodness



DAY 21 - MARY, MIRROR OF JUSTICE, PRAY THAT WE RECEIVE THE FRUIT OF GOODNESS!

## **GOD'S WORD**

"Do to others whatever you would like them to do to you. This is the essence of all that is taught in the law and the prophets." (Matthew 7:12)

## HEROES' WORDS

"Inasmuch as we exist, we are good." -St. Augustine

"Be a good child, and God will help you." -St. Joan of Arc

"To attribute to God, and not to self, whatever good one sees in oneself; but to recognize always that the evil is one's own doing, and to impute it on one's self." -St. Benedict

## **MEDITATION**

Fruit of Goodness: In general, whatever is suitable or befitting someone or something. Practically, however, it is that which all things tend toward or desire. The good is the desirable, and therefore the object of the natural (or supernatural) needs or tendencies of a being. (Fr. John Hardon, Modern Catholic Dictionary)

God created the world to show forth and communicate his glory. That his creatures should share in his truth, goodness, and beauty - this is the glory for which God created them. (CCC 319)

Man participates in the wisdom and goodness of the Creator who gives him mastery over his acts and the ability to govern himself with a view to the true and the good. The natural law expresses the original moral sense which enables man to discern by reason the good and the evil, the truth and the lie: "The natural law is written and engraved in the soul of each and every man, because it is human reason ordaining him to do good and forbidding him to sin ... But this command of human reason would not have the force of law if it were not the voice and interpreter of a higher reason to which our spirit and our freedom must be submitted" (Pope Leo XIII). (CCC 1954)

MENTAL PRAYER (15+ Minutes)
Guide to Mental Prayer

PRAY A ROSARY Miraculous 54 Day Rosary Novena