

Day 17 of Basic Training in Holiness - Joy



DAY 17 - VIRGIN MOST RENOWNED, PRAY THAT WE
RECEIVE THE FRUIT OF JOY!

GOD'S WORD

"You have made known to me the ways of life; you will fill me with joy by your presence. At your right hand are delights, even to the end." (Psalm 16:11)

"His lord said to him: 'Well done, good and faithful servant. Since you have been faithful over a few things, I will appoint you over many things. Enter into the joy of your lord.'" (Matthew 25:21)

HEROES' WORDS

"Joy is a net of love by which we catch souls." -Mother Teresa

“Joy is very infectious; therefore, be always full of joy.” -Mother Teresa

“We are at Jesus’ disposal. If he wants you to be sick in bed, if he wants you to proclaim his work in the street, if he wants you to clean the toilets all day, that’s all right, everything is all right. We must say, ‘I belong to you. you can do whatever you like.’ And this is our strength. This is the joy of the Lord.” -Mother Teresa

“Let the brothers ever avoid appearing gloomy, sad, and clouded, like the hypocrites; but let one ever be found joyous in the Lord, gay, amiable, gracious, as is meet.” -St. Francis

MEDITATION

Fruit of Joy: In spiritual literature, the feeling aroused by the expectation or possession of some good. One of the fruits of the Holy Spirit. Joyful emotions affect the body, but they are essentially in the higher faculties of the soul. Differs from pleasure, which may affect the human spirit but originates in some bodily sensation. Thus joy is possessed by angels and human beings, and its source is the rational will. (Fr. John Hardon, Modern Catholic Dictionary)

MENTAL PRAYER (15+ Minutes)

[Guide to Mental Prayer](#)

PRAY A ROSARY

[Miraculous 54 Day Rosary Novena](#)