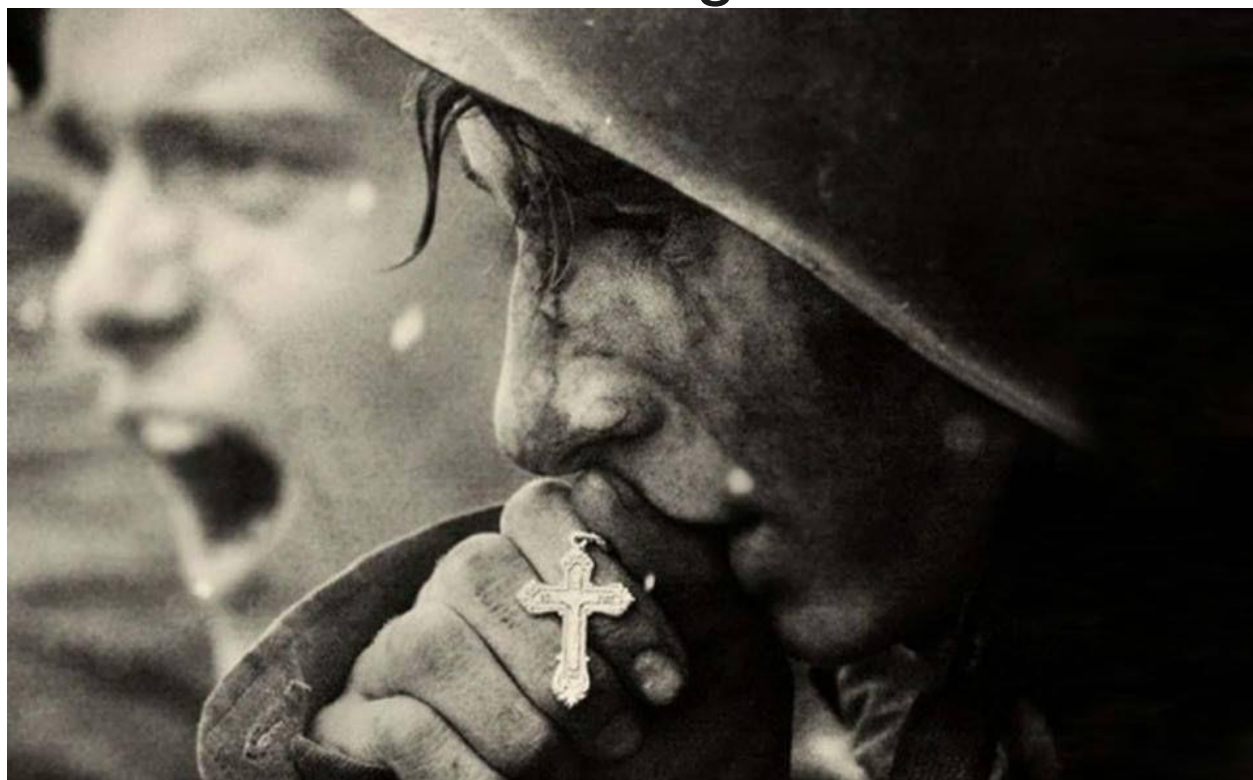


## Day 29 of Basic Training in Holiness - Summoned to Courage



### **DAY 29 - MARY, TOWER OF IVORY, PRAY FOR US!** **SUMMONED TO COURAGE**

A society increasingly disengaged from the Divine Life has no place to go but down. Definitely not progress, but a radical descent away from our greatest potential. "Tens of millions of unborn babies have been slaughtered; illegitimacy rates have soared; divorce has skyrocketed; pornography is rampant; drug use has exploded; sexually transmitted diseases such as AIDS have killed millions; birth control is a way of life; sex outside of wedlock has become the norm; countless children have been permanently damaged — their innocence lost forever — because of the proliferation of broken homes; and sodomy and homosexuality are celebrated openly. America has become the new Babylon" Jeffrey Kuhner, Washington Times).

Summoning us to courage, a popular saying challenges us to fight: “Hope has two beautiful daughters: their names are anger and courage. Anger that things are the way they are. Courage to make them the way they ought to be.”

St. Cyril of Jerusalem in his Mystagogical Catechesis insists, “Just as the Savior, after his baptism and the coming of the Holy Spirit, went forth to vanquish the Enemy (in the wilderness), so you too, after Holy Baptism and Mystical Chrismation, having put on the whole armor of the Holy Spirit, are to resist the power of the Adversary and to vanquish him, saying, ‘I can do all things in Christ who strengthens me’ (Phil. 4:13).”

“Let us be filled with confidence,” St. John Chrysostom exhorts, “and let us discard everything so as to be able to meet this onslaught. Christ has equipped us with weapons more splendid than gold, more resistant than steel, weapons more fiery than any flame and lighter than the slightest breeze ... These are weapons of a totally new kind, for they have been forged for a previously unheard-of type of combat. I, who am a mere man, find myself called upon to deal blows to demons; I, who am clothed in flesh, find myself at war with incorporeal powers.”

MENTAL PRAYER (15+ Minutes)

[Guide to Mental Prayer](#)

PRAY A ROSARY

[Miraculous 54 Day Rosary Novena](#)